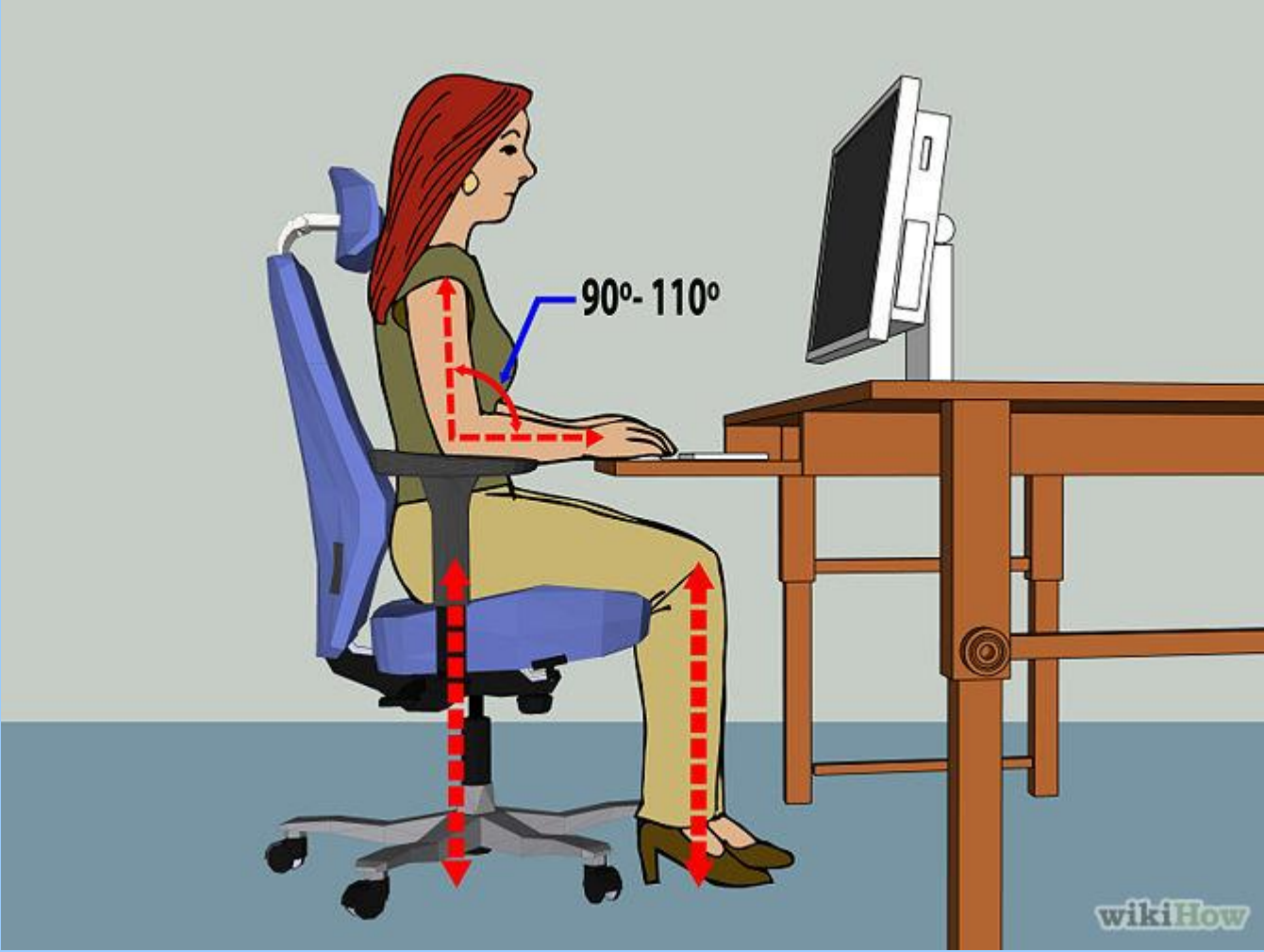


LEQ #17: How should you be sitting while using a keyboard?

Get a keyboard cover...





Wrong



Right



Ergonomics

Ergonomics

Ergonomics is the study of designing equipment and devices **that fit the human body**, its movements, and its cognitive abilities.





Hands fall like this



Shopping baskets are like this

WHY???







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