7th

LEQ #9: What is one way to be safe while on the Internet?

What is a bully?





What does the word intimidate mean?

in·tim·i·date

transitive verb \in-'ti-mə-ˌdāt\
in·tim·i·dat·edin·tim·i·dat·ing

Definition of INTIMIDATE

: to make timid or fearful: frighten; especially: to compel or deter by or as if by threats tried to intimidate a witness>



What is a Cyberbully?

Video

Sticks and Stones:
Cyber bullying

"Cyberbullying" is when a child, preteen or teen is tormented, threatened, harassed, humiliated, embarrassed or otherwise targeted by another child, preteen or teen using the Internet, interactive and digital technologies or mobile phones.



In some situations, cyberbullying is considered harassment.

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Intimidation or mean comments that focus on things like a person's gender, religion, sexual orientation, race, or physical differences fall into this category.

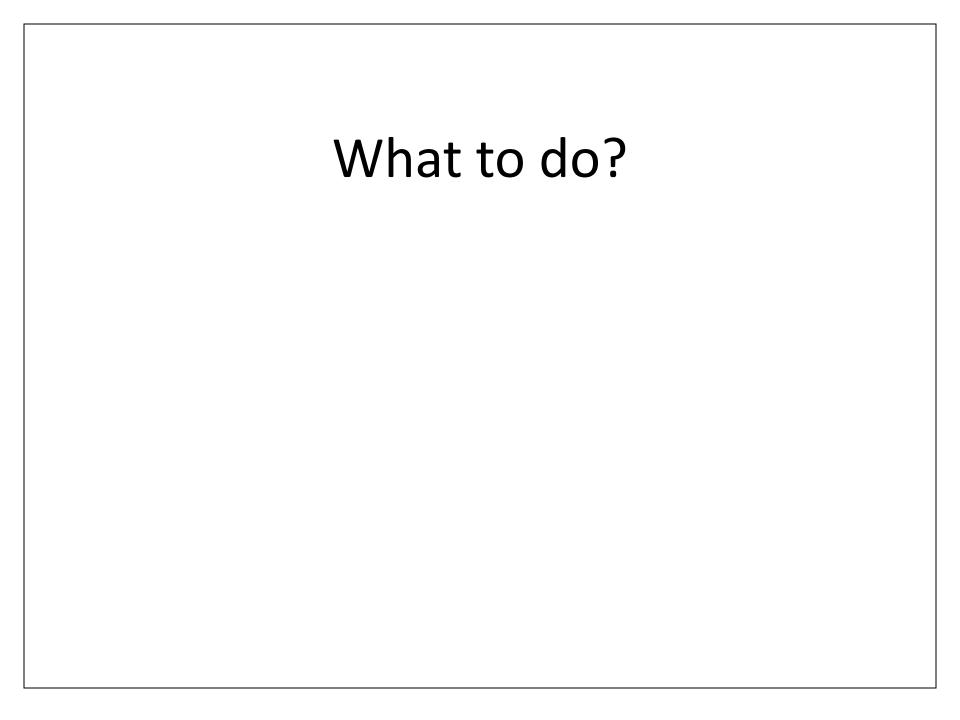
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That means law enforcement could get involved, and bullies may face serious penalties.



Don't respond.

Don't respond. If someone bullies you, remember that your reaction is usually exactly what the bully wants. It gives him or her power over you. Who wants to empower a bully?

Don't retaliate.

Don't retaliate. Getting back at the bully turns you into one and reinforces the bully's behavior. Help avoid a whole cycle of aggression.

Save the evidence.

Save the evidence. The only good news about digital bullying is that the harassing messages can usually be captured, saved, and shown to someone who can help. You need to do this even if it's minor stuff, in case things escalate.

Talk to a trusted adult.

Talk to a trusted adult. You deserve backup. It's always good to involve a parent but – if you can't – a school counselor usually knows how to help. Sometimes both are needed. If you're really nervous about saying something, see if there's a way to report the incident anonymously at school.

Block the bully.

Block the bully. If the harassment's coming in the form of instant messages, texts, or profile comments, do yourself a favor: Use preferences or privacy tools to block the person. If it's in chat, leave the "room"

Be civil.

Be civil. Even if you don't like someone, it's a good idea to be decent and not sink to the other person's level. Also, research shows that gossiping about and trash talking others increases your risk of being bullied. Treat people the way you want to be treated.

Don't be a bully.

Don't be a bully. How would you feel if someone harassed you? You know the old saying about walking a mile in someone's shoes; even a *few seconds* of thinking about how another person might feel can put a big damper on aggression. That's needed in this world.

Be a friend, not a bystander.

Be a friend, not a bystander. Watching or forwarding mean messages empowers bullies and hurts victims even more. If you can, tell bullies to stop or let them know harassment makes people look stupid and mean. It's time to let bullies know their behavior is unacceptable – cruel abuse of fellow human beings. If you can't stop the bully, at least try to help the victim and report the behavior.

Posting images online

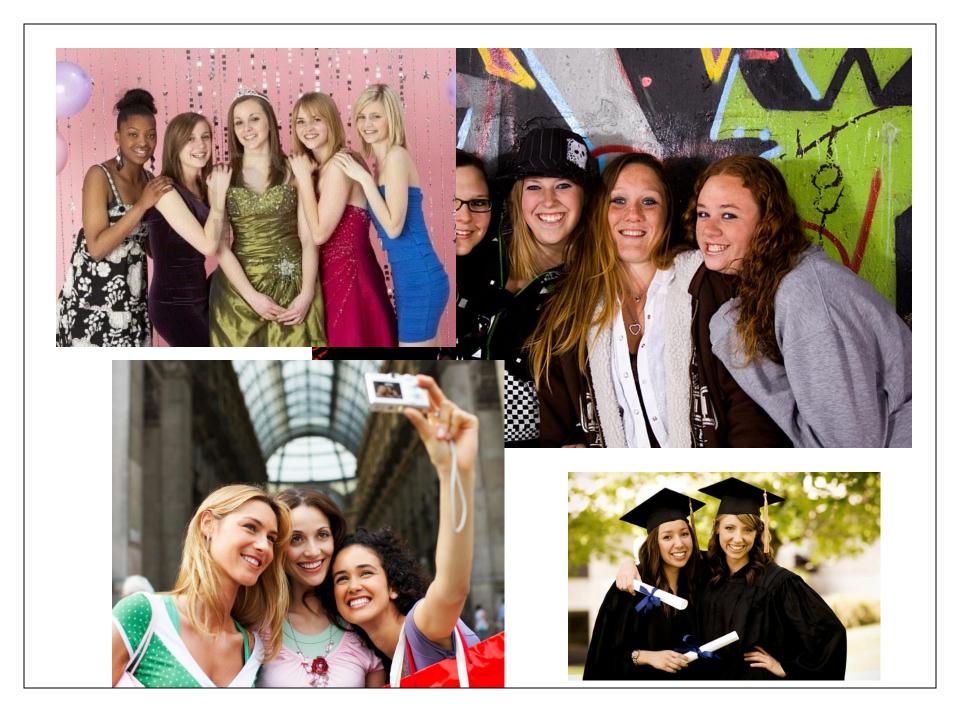
Video Once You Post It You Lose It

facebook

Facebook helps you connect and share with the people in your life.

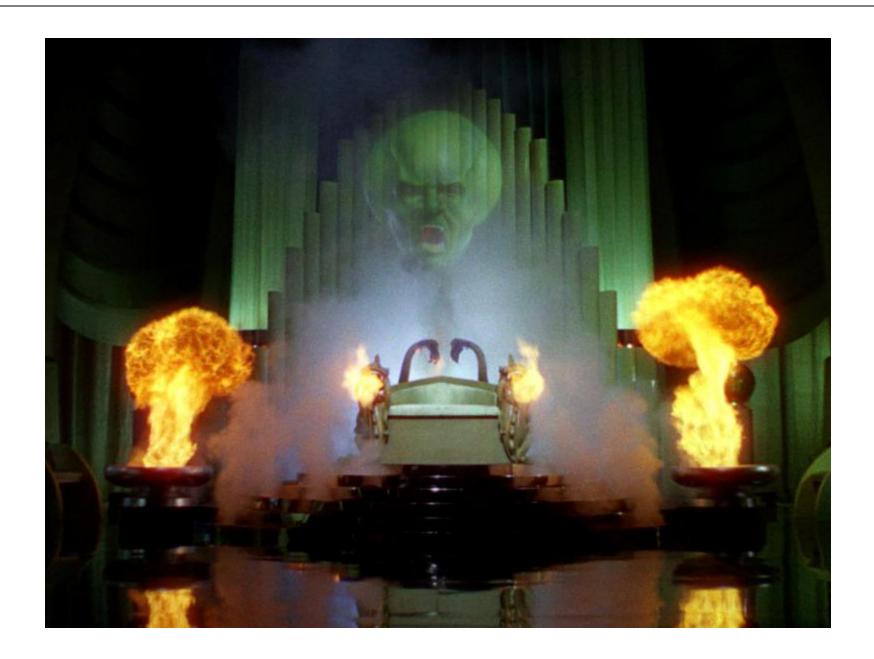












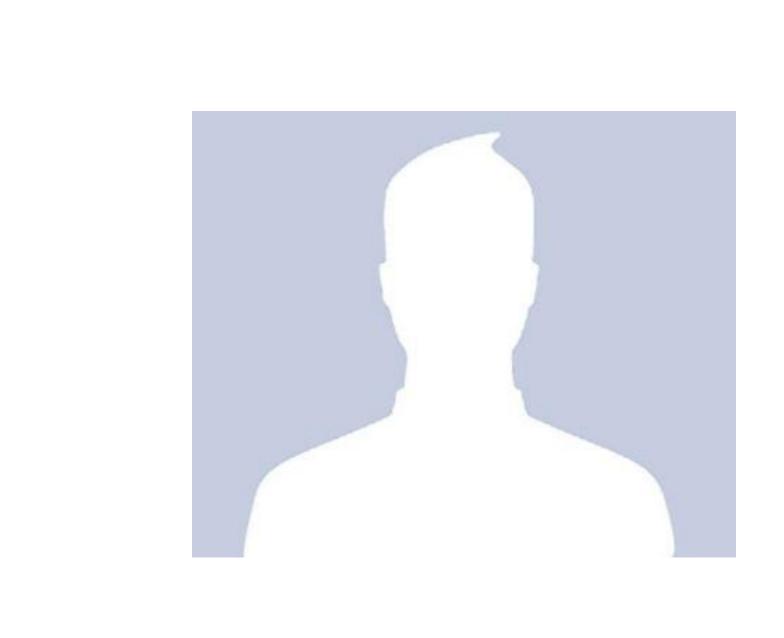


Facebook Friends

People You May Know See All Layla Domingue 🌆 Add as friend Jack Spencer لجي Add as friend

Sponsored

Create an Ad





You have a friend request.



Jennifer Weissman (Fort Lauderdale, FL)

You and Jennifer have no friends in common. Jennifer found you using the Friend Finder.

Jennifer can only see my limited profile.
(What's a limited profile?)

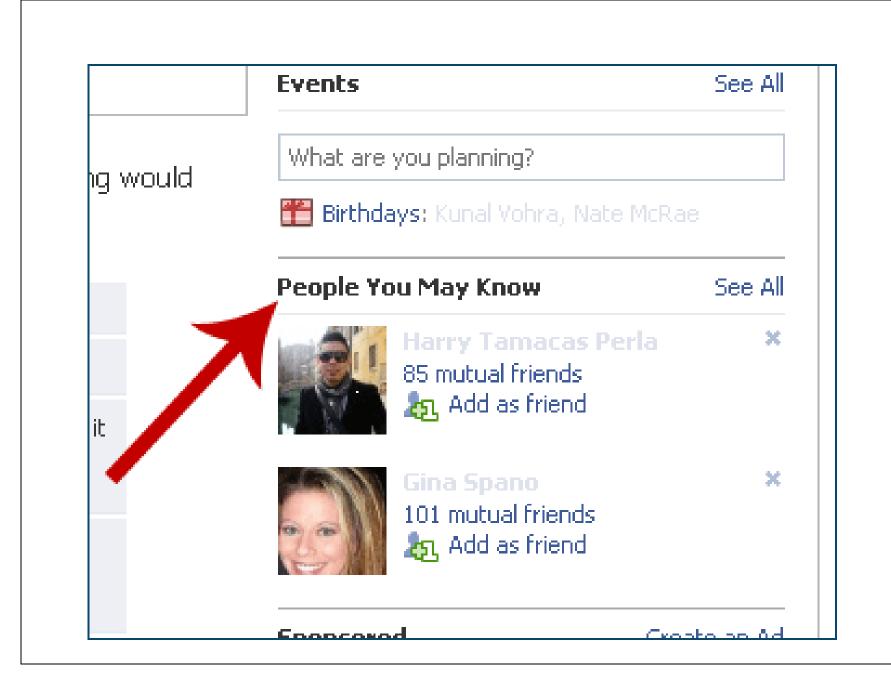
Confirm

Ignore

Send a Message | Report this Person



Digitally Enhanced Screenshot. Image obcured to protect the innocent.



Video **Safe Online Talk**